

Four Levels of

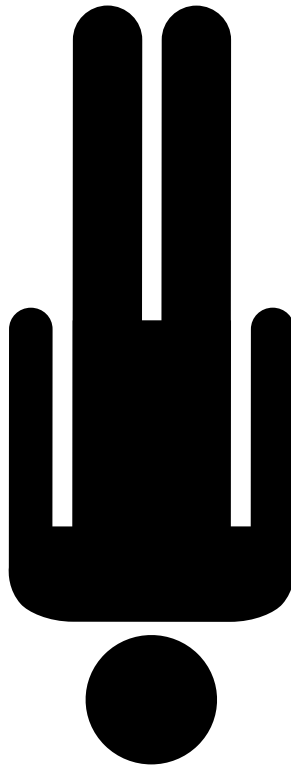


Pleasure

Power

Benevolenc

Contemplati



Food, drink, sex, comfort
Self-focused, related to survival
Threatened by pain and suffering
Lasts about as long as what creates it

Achieving, winning, exerting power over others/the world
Puts self against the other
Threatened by loss and others' success
Lasts only a little while

Serving others, achieving win-win results, finding purpose in helping others
Puts self in a world with other selves
Threatened by sin/self-justifications,
Lasts much longer

Truth, beauty, love, goodness, being
Puts self in a world of signs pointing to God
Threatened by confusing signs for gods



PRAYER

LIFTING OUR HEARTS AND MINDS TO GOD



FORMATION

BECOMING LIKE CHRIST



FRATERNITY

CENTERING BROTHERHOOD ON CHRIST

Ice Breaker:

Share a high and a low from your past week.

What's a project you could use a hand with this next week?

Discussion Questions:

What stood out to you in the talk?

What is something you learned this morning?

What kind of happiness does the world emphasize these days?

What kinds of happiness have you found easiest to share with others?

When you were growing up, what kind of happiness were you aiming for most often?

As an adult, what kind of happiness do you make time for the most?