

Cardinal Virtues

Prudence

“The virtue that disposes practical reason to discern our true good in every circumstance and to choose the right means of achieving it; ‘the prudent man looks where he is going...’

It is not to be confused with timidity or fear, nor with duplicity or dissimulation...it guides the other virtues by setting rule and measure.”
(CCC 1806)

Justice

“The moral virtue that consists in the constant and firm will to give their due to God and neighbor. Justice toward God is called the ‘virtue of religion.’ Justice toward men disposes one to respect the rights of each and to establish in human relationships the harmony that promotes equity with regard to person and to the common

Fortitude

“The moral virtue that ensures firmness in difficulties and constancy in the pursuit of the good. It strengthens the resolve to resist temptations and to overcome obstacles in the moral life. The virtue of fortitude enables one to conquer fear, even fear of death, and to face trials and persecutions. It disposes one even to renounce and

Temperance

“The moral virtue that moderates the attractions of pleasures and provides balance in the use of created goods. It ensures the will’s mastery over instincts and keeps desires within the limits of what is honorable. The temperate person directs the sensitive appetites toward what is good and maintains healthy discretion.” (CCC 1809)



Knights of
Columbus®



PRAYER

LIFTING OUR HEARTS AND
MINDS TO GOD



FORMATION

BECOMING LIKE CHRIST



FRATERNITY

CENTERING BROTHERHOOD ON
CHRIST

Ice Breaker:

Share a high and a low from your past week.

What’s a project you could use a hand with this next week?

Discussion Questions:

What stood out to you in the talk?

What is something you learned this morning?

What does life look like without a destination in mind? How is that different from having life with God as the destination?

Which do you notice more— injustice in deeds or injustice in speech?

How would you go about growing in fortitude? How do you learn to suffer well?